

THE RIPPLE EFFECT: HOW THE CAHME AWARDS ENERGIZE FUTURE HEALTHCARE LEADERS TO CHANGE THE FUTURE

October 2023



Commission on Accreditation
of Healthcare Management Education

CONGRATULATIONS YOU DESERVE

FOR EXCELLENCE IN HEALTHCARE EDUCATION & INNOVATION

The Commission on Accreditation of Healthcare Management Education (CAHME) is proud to announce the winners of the 8th Annual CAHME Awards Program.

2023 CAHME AWARDS FOR EXCELLENCE



CAHME/CANON SOLUTIONS AMERICA
AWARD FOR SUSTAINABILITY IN HEALTHCARE
MANAGEMENT EDUCATION
George Mason University
Master's in Health System Management Program



CAHME/GEORGE AND REGI HERZLINGER
INNOVATION EDUCATION AWARD
Boise State University
Master in Population & Health Systems
Management Program



CAHME/SACHS FAMILY FOUNDATION
SCHOLARSHIP IN HONOR OF MICHAEL A SACHS FOR
ENTREPRENEURS IN HEALTHCARE MANAGEMENT
Michael Allgood, MSHA Candidate
University of Louisville



CAHME/DAWN GIDEON FOUNDATION
SCHOLARSHIP FOR WOMEN SUPPORTING
COMMUNITIES IN NEED
Adriana Kotchkoski, MHA Candidate
University of Iowa



GEORGETOWN UNIVERSITY

CAHME/JUDY BAAR TOPINKA FOUNDATION
SCHOLARSHIP FOR HEALTH POLICY
Thomas Levu, MSHA Candidate
Georgetown University



VCU
Health Administration
College of Health Professions

CAHME/TIM CAMPBELL SCHOLARSHIP FOR
SELFLESS SERVICE TO OTHERS & THE COMMUNITY
Stephen Mosher, MSHA Candidate
Virginia Commonwealth University



UNIVERSITY OF MIAMI
MIAMI HERBERT
BUSINESS SCHOOL

CAHME/FAWN LOPEZ FUTURE LEADERS AWARD
Lilian Abbo, MD, MBA Candidate
University of Miami

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INTRODUCTION





Anthony C. Stanowski, DHA, FACHE

President and CEO

Commission on Accreditation
of Healthcare Management Education
Spring House, PA, USA

Ripples: A Generational Energy Wave

Growing up in South Philadelphia, I spent many hours during the summer at “The Lakes” (formally known as FDR Park), in the shadows of Philadelphia’s colossal sports stadiums. The Lakes provided a slightly cooler location away from the heat magnified by concrete and macadam during Philadelphia’s humid summers. One of the games we invented to pass time (during the pre-video game era) was called “ripples.”

Ripples was played by throwing pebbles and stones into a lake, sometimes skimming them, sometimes dropping them, but always challenging each other to see who could make the most ripples on the surface of the water. We would count the ripples, as well as estimate the size of the ripples.

It wasn’t the stone size, shape, or even the speed that determined the number and size of the ripples. Mostly, it was just serendipity. But you had to play to make the ripples in the lake. You had to throw. You had to try.

Over the past eight years, the CAHME Awards had a ripple effect on healthcare leadership education and graduates of CAHME Accredited programs. It was not easy and began on a controversial footing; some told CAHME that offering awards, while inspiring others, is not “in our lane” as an accreditor. Our loyal partners decided otherwise. ACHE offered their Congress as the venue. *Modern Healthcare* provided broad awareness. Corporations like Canon Solutions America saw the award’s promise to change the future. Others joined in wanting to inspire the next generation to make a difference, like George and Regi Herzlinger. Like The Joint Commission. Like Fawn Lopez. Like Quint Studer. Like the Sachs Family Foundation in honor of Michael Sachs. Like the friends of Tim Campbell. Like the Dawn Gideon Foundation. Like Joseph Topinka, the son of Judy Baar Topinka. Like... many others.

The CAHME Awards became an “energy wave” for individuals, foundations and healthcare organizations to inspire excellence for graduate programs in healthcare management and their students.

Like ripples that radiate across the water, the CAHME Awards generate waves to improve healthcare. With more than \$1.4 million in funding over the course of the awards and promised into the near future, these awards extend their impact into all corners of the healthcare industry by influencing future generations of leaders.

- For accredited programs, the CAHME Awards reinforced their attempts at innovation and excellence, giving the programs and faculty external validation (and financial support) to grow.
- For students, the scholarships and a new fellowship program enable students to model behaviors and actions of individuals that made a difference.
- For our funders, the awards are a way to invest in the future that is needed to create a better healthcare system.

The CAHME Awards inspired the healthcare industry to join in, inspired foundations to contribute, inspired healthcare management education programs to innovate, and inspired students to know they can make a difference. These stories are examples of the impact of the CAHME Awards. They provide a firsthand witness of the ripples of change in healthcare, their lasting effects on communities, and a passion by our sponsors and by the award winners to advance the quality of healthcare management education.



FDR Park in Philadelphia. If you are from South Philly, it is simply known as “The Lakes.”

CAHME and Canon Solutions America: Making Ripples in Sustainable Healthcare Management Education and Practice

Canon's corporate philosophy is embodied in the Japanese concept of **kyōsei**, defined as “all people, regardless of race, religion, or culture, harmoniously living and working together into the future for the common good.”

Canon Solutions America sought to advance its sustainability goals from a holistic perspective and felt that the future leaders of healthcare should play a part. Awarded annually since 2017, the award highlights the partnership of CAHME and Canon Solutions America to advance sustainability and community engagement within healthcare management education. The awardees have been institutions that demonstrate their past, present and future readiness to sustainably prepare students for their future challenges – as they enter the healthcare arena.

CAHME acknowledges Paul Murphy, Vice President, Major Accounts & Vertical Markets, Debra A. Gillmeister, Business Development Executive, and Julie McMahon, Senior Vice President of Marketing, for their guidance, support, and ongoing commitment to developing ethical leaders committed to sustainability in healthcare management education.



“In healthcare, where the first principle is to ‘do no harm,’ we must realize that an inadvertent consequence of our work is an outsize carbon footprint. Healthcare is responsible for almost nine percent of the total U.S. carbon footprint, and the U.S. contributes twenty-seven percent of the worldwide healthcare carbon footprint. Addressing sustainability through changes in practice that are often cost-saving or cost-neutral, can help us reconcile to improve the overall health of both the patient and the planet we leave to future generations.”



**Jonathan B. Perlin, MD, PhD,
MSHA, MACP, FACMI**
President and Chief Executive Officer
The Joint Commission/
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Spotlight on 2022 Winner: University of Minnesota MHA Program

Since 1946, the University of Minnesota Master of Healthcare Administration (UMN MHA) program at the University of Minnesota (UMN) educated future healthcare leaders with a comprehensive approach to learning that includes community engagement, sustainability, diversity, equity, and inclusion. The program was among the first to earn CAHME accreditation in 1968.

Fostering Healthy and Vibrant Communities

The UMN MHA program has a strong legacy of student involvement in community-oriented projects, with every student engaging in these initiatives through the UMN Center for Interprofessional Health. Interprofessional education options expose the MHA students to diverse healthcare perspectives where they learn to work collaboratively across disciplines. One outstanding example is the Phillips Neighborhood Clinic, where students from various healthcare backgrounds come together to provide free services to the local community.

Connecting the Dots: Uniting Climate Change and Healthcare

The UMN MHA program's commitment to sustainability is evident in its dedicated climate change and healthcare delivery course. UMN MHA students learn to protect community health and well-being for future generations by emphasizing environmental sustainability in healthcare.

Cultivating Generational Sustainability in Healthcare

The UMN MHA program is deeply committed to sustainability and social responsibility. Associate Program Director Justine Mishek said, "Sustainability is in the DNA of our program." This core value is reflected in students' capstone projects, which all incorporate a sustainability lens.

The CAHME/Canon Solutions America Award for Sustainability in Healthcare Management Education and Practice recognizes the program's dedication to sustainability. Winning this award has profoundly impacted the UMN MHA community, inspiring more significant engagement and innovation around sustainable practices.

The award also catalyzed a desire to nurture the next generation of healthcare administrators, focusing on instilling a commitment to sustainability in future leaders. The program has used the prize funds to develop programming that can be shared with other healthcare management programs nationwide.

Overall, the UMN MHA program's commitment to sustainability and social responsibility is a source of pride and inspiration for students, faculty, and alums.



Above: UMN MHA students engaging in the Itasca Ecohealth Interprofessional Experience, where they learned about how ecohealth and ecopolitical environments affect the healthcare landscape.



Spotlight on 2021 Winner: University of Washington MHA Program

First accredited in 1970, the University of Washington Master of Health Administration (UW MHA) program places social responsibility as critical to the education of its students. It sets a high standard for sustainability within the campus and healthcare administration communities.

The CAHME/Canon Solutions America Award for Sustainability in Healthcare Management Education and Practice signified a tipping point for UW's MHA program sustainability journey. It engendered the creation of multiple new approaches to bring climate health to the forefront of higher education.

Envisioning a Greener Future

In the fall of 2019, a group of UW MHA students attended a symposium at a Seattle healthcare organization where they learned of how the sponsoring organization addressed the intrinsic link between population health and climate change. However, the students realized this core connection remained absent from the standard MHA curriculum.

Two students, Zayna Salveter and Kaitlin Schoewe, explored this connection by establishing the Planetary Health Committee within the UW MHA's student association. This committee examined how the UW MHA program can integrate sustainability into core curriculum classes.

Shaping a Healthier Tomorrow: Building a Climate-Centered National Healthcare System

Salveter and Schoewe established national goals of the Planetary Health Committee. They co-founded the National Health Administration Climate Collaboration (NHACC) to connect MHA students nationwide to advocate, educate and act for sustainable health systems. MHA students nationwide engaged in curriculum redesign, climate policy advocacy, and engagement through an industry leading speaker series. Winning the CAHME/Canon Solutions America award encouraged UW faculty and staff to further their culture of sustainability and excellence both within their MHA program and nationally.

Harmonizing Ethics, Sustainability, and Innovation: a Unified Approach to a Better World

Integrating core sustainability principles into the UW's MHA program extended into conversations of diversity, equity, and inclusion (DEI). The UW program established a Curriculum Advocacy Committee, placing students at the forefront of prioritizing social responsibility in education. The CAHME/Canon Solutions America award, the Curriculum Advocacy Committee, and the Planetary Health Committee empowered students and raised faculty and student awareness for socially responsible learning.

Overall, the UW MHA program is committed to providing best practices and innovating to drive social responsibility and sustainability within the healthcare administration space.



CAHME and George and Regi Herzlinger: Making Ripples in Innovation Education

The CAHME/George and Regi Herzlinger Innovation Education Award recognizes George and Regi Herzlinger's breakthrough contributions in creating and inspiring medical innovations that changed patients' lives and helped entrepreneurs globally. It highlights the significant impact that CAHME Accredited programs can have in providing the foundation for the principles of innovation for future leaders to be the change needed in healthcare.

Faced with rising costs, unpredictable quality, and thousands of uninsured and underinsured individuals, there is no doubt that healthcare innovation is necessary. Yet, as Regi Herzlinger notes, "focusing primarily on what we need, rather than on how to make it happen, is a mistake." When healthcare management programs teach their students how to implement healthcare innovation, equipping them with the skills to identify solutions and put them into practice, extraordinary things ripple into the industry.

For this reason, the Herzlingers chose to recognize programs that embody this ability in the next generation of healthcare leaders.





Pictured is **George Herzlinger**, the creator of the Belmont Rapid Infuser, a medical device that is the standard of care for the treatment of rapid blood loss in hospitals throughout the world and has been attributed with helping to save more than a million lives globally. George and his spouse, industry icon Professor Regi Herzlinger of Harvard Business School, have funded the award for Innovation Education.

“With rapid changes in care and payment models, technology, and marketplace dynamics, innovation has never been more important in healthcare. To stay relevant, healthcare entities of all types and sizes must develop organizational capabilities for innovation and muster the courage to use them. The Boise State University/HFMA Master in Population and Health Systems Management program prepares tomorrow’s healthcare leaders to do exactly that. We were honored to be recognized by the prestigious CAHME/George and Regi Herzlinger Award for this groundbreaking program.”

Joseph J. Fifer,
FHFMA, CPA
Past President and CEO
HFMA



Spotlight on 2023 Winner: Boise State MPHSM Program

In acknowledgment of their groundbreaking partnership with the Healthcare Financial Management Association (HFMA) to develop a new Masters program, Boise State received the CAHME/George and Regi Herzlinger Innovation Education award in 2023. The Master in Population and Health Systems Management (MPHSM) degree bridges the gap between the financial and operational to develop a new generation of leaders prepared for the healthcare industry's challenges.

Overlapping Waves of Transformation

Recognizing a disconnect between the industry and higher education, Program Director Jenni Gudapati presented the idea of a collaborative master's degree program to the HFMA, who enthusiastically responded. After a year of extensive planning meetings, during which faculty from across the healthcare spectrum were represented, Boise State welcomed its first MPHSM cohort in January 2022.

Today, students of the program hear from more than 70 guest lecturers, develop their alternative care delivery model, and receive four HFMA certifications upon graduation. Further, faculty are committed to developing the program alongside industry practitioners, with the goal of continuous quality improvement. Innovation is at the center of the curriculum.

Cultivating Creativity within the CAHME Collective

Despite feeling like an underdog while applying for an award, Gudapati persevered with a strong belief in the program's alignment with the Herzlingers' mission. Her confidence in the process created a succession of positive ripples. Since receiving the award at the 2023 ACHE Congress, applications to the program have increased substantially. As a result of this experience, Gudapati feels a stronger connection to the CAHME community.

Ultimately, the award funds will boost the program and offer more value to prospective students. With increasing success, the program's founder, Gudapati, envisions it positively affecting the wider industry. This partnership could be a model for other innovative ventures to shake up the conventional higher education landscape.



Spotlight on 2022 Winner: Trinity University MSHA Program

Trinity University's Master of Science in Health Care Administration (MSHA) program has been accredited by CAHME since 1968 and is a member of CAHME's Mentorship Circle reflecting its commitment to sharing its expertise world-wide.

Named the first gold recipient of the CAHME/George and Regi Herzlinger Innovation Education Award in 2022, the MSHA program sought to ensure its students were well prepared to evaluate, adopt, and invent innovations. Trinity engendered faculty and colleagues from other disciplines at the university to participate in the innovation journey. The program sought to create an internal pitch competition known as Tiger Tank, and then expanded this opportunity on a national level through Healthcare PRISm. In this way, Trinity arms students with creative confidence and entrepreneurial mindsets, allowing them to be stronger and more resilient leaders.

Fostering Ingenuity with Friendly Competition

In 2014, faculty recognized the growing need for future leaders who can skillfully navigate the ever-changing healthcare landscape. The MSHA program teamed up with the Center for Innovation to integrate design-thinking and entrepreneurship principles into the curriculum.

The Tiger Tank competition is the peak of this innovation-led teaching approach. Second year students participate in a lively pitch competition, examining contemporary healthcare challenges and coming up with innovative solutions. This experience offers valuable creative thinking skills and leadership opportunities that help students pursue their passions with self-assurance.

Spreading Ripples of Innovation: the Expansion of Healthcare Pitch Competitions

Upon seeing the successes of Tiger Tank, and with CAHME's encouragement, Trinity opened up the experience to healthcare management students nationwide by creating the Healthcare PRISm Pitch Competition (PRISm is an acronym for Healthcare Problems Requiring Innovative Solutions). This has caused a ripple effect, and since its inception in 2020, three other programs have added Healthcare PRISm as an essential component of their curriculum. Trinity continues to innovate and grow this effort.

Propelling Ripples of Possibility: Strengthening the Financial Foundations for Tomorrow's Innovators

Associate Professor Patrick Shay, PhD, notes that winning the award validated the program's efforts to encourage embracing innovation. Trinity's MHA program used the award to fund the monetary prize for winners of Healthcare PRISm and to help fund the competition. Trinity's message is simple: "We want to train students to live in the world of today, but be ready for and be a part of the transformation that's coming tomorrow."



CAHME and Ascension Health: Making Ripples in Excellence in Healthcare Leadership Development

The CAHME/Ascension Award for Excellence in Healthcare Leadership Development was designed to highlight educational programs preparing the next generation of healthcare leaders.

The award was given from 2017 to 2019, based on Ascension's commitment to developing leaders within the healthcare industry who are focused on person-centered care, servant leadership, and positively impacting all aspects of health sector organizations.

Spotlight on 2018 Winner: Rush University MHA Program

Associate Professor and Chair of the Health Systems Department at Rush University Medical Center, Dr. Diane Howard, expressed that "The CAHME/Ascension Award brought us together and gave us a shared purpose. We were reminded of the importance of training future healthcare professionals and asked ourselves, 'How can we do this effectively?'"

Ripple Origins: Embracing Patients and Students as the Catalysts

Rush University's Master of Science in Health Systems Management (MS-HSM) has been recognized for its exceptional leadership development program through an award from CAHME. Emphasizing the ripple effect that these awards can have, this program allows students to take the lead in various initiatives such as organizing four lunch and learn sessions per month, providing feedback to career services, and building skills that align with the 26 competencies provided by the National Center for Healthcare Leadership. The program's mission centers around keeping the patient the top priority and placing students at the forefront of their educational journey.

Rippling Knowledge: Broadening the Horizons of Master's Research

Through the CAHME/Ascension Award for Excellence in Healthcare Leadership Development, Rush University has been able to continue to support students in master's projects, as well. Since receiving the award, these have evolved into mini dissertations allowing students to facilitate medical center projects using data sets, collection methods, and strategic analysis.

Rush University is advancing its leadership development by heightening students' responsibility, using a teacher-practitioner model, providing site venture, and letting students lead.



CAHME and Baylor Scott & White: Making Ripples in Quality Improvement Education

The CAHME/Baylor Scott & White Health Award for Excellence in Quality Improvement Education is inspired by Baylor Scott & White's commitment to excellence in healthcare quality improvement.

Awarded from 2017 to 2019, the award highlights educational programs that provide high ideals of commitment to healthcare quality through innovation, collaboration, and intent to improve long-term health outcomes.

Spotlight on 2017 Winner: George Washington University MHA Program

The George Washington University Master of Health Administration (GWU MHA) program was established in 1959.

To note, the Master of Science in Healthcare Quality and Safety (MS-HQS), is a new program with a distinct set of competencies at GW. It was subsequently formed and became the first program accredited by CAHME in healthcare quality and safety in 2021. The MS-HQS program focuses on integrating quality throughout its required coursework and electives.

Quality at the Core: the Epicenter of Excellence

Leonard Friedman, PhD, FACHE, a professor and director of the MHA program, stated, "The award has made us think very carefully about how we teach quality. It has made us really pay attention; with the understanding it is not a siloed part of the curriculum but embedded across everything we do." One example of quality in other coursework is the role it plays within the Human Resources Management and Organizational Behavior course, students dive into organizational quality, which Friedman emphasizes is just as important to understand as clinical quality.

Navigating the Tides: Practical Encounters in Turbulent Waters

When the award was received, students were rounding with leadership at the GW hospital as part of the Quality and Performance Improvement class. The significance of this was presented by Friedman, who noted, "Students were doing more than just passively observing. They were part of the overall process." Unfortunately, the COVID-19 pandemic caused the removal of this portion of the course, but this did not deter the program. Since then, faculty have continuously sought to engage students in real-world case studies, professional development sessions, and, more recently, on-site visits to local health systems. This evolution of quality throughout the curriculum is just one way the award caused a ripple effect within the GWU MHA program.



First year students attending a facility tour to better understand performance and quality excellence.



Young alumni panel presentations during professional development.

“Baylor Scott and White Health (BSWH) began its Quality journey at the turn of the century when its Board adopted a quality resolution. The leadership of former CEO, Joel Allison implemented the hiring of the System’s first Chief Quality Officer (CQO), Dr. David Ballard. The CQO began developing an intentional and focused approach to Quality and patient safety.

Formal quality and patient safety training initially began for physicians. This training continued for clinical and non-clinical staff through the ABC Baylor (Accelerating Best Care) course, which focused on reducing unnecessary variation through the standardization of processes through lean six sigma principles in an environment of rapid-cycle improvement. The training culminated in individual and team-based projects that have had a profound impact on the system.

This large investment in quality improvement and patient safety became core to the BSWH. Leaders decided to make additional external investments by funding the CAHME/Baylor Scott and White Award for Excellence in Quality Improvement Education to incentivize CAHME programs. This was to create a specific focus on quality improvement and patient safety by educating future healthcare management leaders.”

Neil Fleming, PhD

Former Vice President of Quantitative Sciences
Baylor Scott & White Health
Waco, TX

Clinical Professor of Health Services Research
and Director at the Robbins Institute
for Health Policy & Leadership
Baylor University





CAHME and Cerner: Making Ripples in Healthcare Management Systems

The CAHME/Cerner Award for Excellence in Healthcare Management Systems Education was awarded from 2016 to 2018, with four awards given to CAHME Accredited Programs. It was the first CAHME Award program. The four winning programs demonstrated exceptional commitment to health information management and informatics and gave their students unique opportunities to grow.

Spotlight on 2018 Winner: University of Missouri MHA Program

The University of Missouri's (Mizzou) Master of Health Administration program was recognized for its leadership in integrating healthcare informatics within healthcare management.

For over 30 years, health informatics has been an integral part of Mizzou's program. This competency has been an essential part of the success of many of its past graduates (ed. Note: the legacy of alumni Michael A Sachs, an innovator and healthcare entrepreneur, has a CAHME scholarship in his name funded by the Sachs Family Foundation).

The University of Missouri MHA program has been CAHME-accredited since the Spring of 1968. The program credits CAHME as being foundational to its organization and its success in providing high-quality education to generations of healthcare professionals, and engaging its alum network, for over 50 years.

Creating Ripples with Informatics: the Ever-Expanding Influence

Healthcare management systems are ever-changing, so healthcare management programs often struggle to keep course content relevant and innovative. Mizzou's MHA program addresses this challenge by engaging a committee of health administration and health informatics faculty to review curriculum changes over time. It is essential for the program that faculty crossover between healthcare and informatics instead of separating specialties. Further, faculty expertise and knowledge are integral to students' educational experiences. The faculty is already looking at ways to incorporate hot topics such as ChatGPT and Artificial Intelligence into activities for students so that they build their skills with these systems and use them as a benefit in their professional careers.

Igniting the Swells of Transformation through Perseverance

Receiving the award money allowed the University of Missouri to send its students to a Case Competition at the University of Alabama Birmingham in 2019. This funding enabled the school to provide enhanced educational opportunities for its students. The ripple effects contributed to successful showings in the semi-final and final rounds of the 2019 and 2020 UAB case competitions, respectively.

Making Waves in Excellence with Accreditation

Since winning this award in 2018, the Mizzou MHA program has continued to enhance its mission to provide health administration education augmented by a health informatics perspective. The program now offers a CAHIIM-accredited Master of Science in Health Informatics (MSHI). Flexibility within program requirements also enables MHA students to earn a graduate certificate in public health informatics and participate in capstone projects addressing applied problems in healthcare and utilizing informatics skills.



First year students attending a facility tour to better understand performance and quality excellence.



Young alumni panel presentations during professional development.

“A fundamental responsibility of leaders is to educate and prepare the next generation of leadership.

Digital technologies have the ability to effect significant improvements in the cost, quality, safety, and accessibility of health care. However, achieving the potential of digital health is difficult and requires skilled, educated, and motivated leadership.



Cerner, a leading supplier of digital health technology, recognized that its commitment to improving health and healthcare, and its business interests, would be advanced by recognizing those graduate programs that had demonstrated excellence in educating the current and future digital health leaders.”

John Glaser

Former Executive Senior Advisor

Cerner Corporation:

Executive in Residence at Harvard Medical School

CAHME and the Dawn Gideon Foundation: Making Ripples To Empower Women to Uplift Underserved Communities

Dedicated to supporting women striving to advance their healthcare management education, the CAHME/ Dawn Gideon Foundation Scholarship is a testament to the purposeful career and legacy of Dawn Gideon.

After earning her MHA degree from the University of Pittsburgh, Dawn dedicated her life to supporting healthcare organizations in their pursuit of success.

The CAHME/Dawn Gideon scholarship empowers women to follow in her footsteps, encouraging and rewarding those committed to serving underserved communities.



Spotlight on 2019 Scholarship Winner: Kaitlyn Chana, MBA, MHA

The Transitioning Tide: From Journalism to Healthcare

I started a not-for-profit that created Love Letters, homemade cards for children with life-threatening diseases. I met patients in pediatric hospitals, which led me to becoming a reporter to share similar stories.

My love of storytelling led me to many inspirational people. My insatiable curiosity and drive to understand the why, how, when, where, and who, led me to work on my own over weekends, and pay contributors from Action News (where I worked) out of my own pocket. This led to the creation of “Reel Stories. Real People., Inc.,” a nonprofit organization featuring stories with power to inspire and educate.

I pursued an MHA degree at the University of North Florida. As a CAHME-accredited program, I knew that UNF would provide broader opportunities. The faculty had a robust background in healthcare and a multidisciplinary focus.

Two Rings of the Ripples

The scholarship impacted my professional development in two ways:

- 1. Participating in a support system of like-minded women.** I formed an alliance with previous scholarship winners, who extended their hand to help me. This created a chain effect with educational resources, advice, and tips to pass on.
- 2. Increasing my visibility and exposure.** I connected with Fawn Lopez, (then) Publisher and Vice President of Modern Healthcare, giving me brand visibility and exposure to the right team members willing to invest in me.

The Enduring Impact of Expanding Ripples

The Dawn Gideon Foundation stands for women supporting women and having a space to talk freely about their journeys, struggles, and their goals in the healthcare field.

As a trailblazer, Dawn Gideon inspired me to raise my hand, be present, ask the right questions, take a leap of faith, and invest in others to engage them.

I want to use my leadership skills and influence to encourage other women in healthcare. Dawn Gideon’s mantra was to create change and make a difference. I hope to honor her legacy.



CAHME and the friends of Tim Campbell: Making Ripples in Selfless Service to Others and the Community

The CAHME/Tim Campbell Scholarship for Selfless Service to Others and the Community is named in honor of Tim Campbell, a former CAHME board member renowned for his commitment to supporting others both personally and professionally.

Tim's belief in the value of hard work, service, and volunteerism inspired generations to make a difference in the world. Tim believed that true success is measured through relationships that help others reach their full potential.

This scholarship is a unique opportunity for students to honor Tim's influential legacy and invest in their commitment to others.





Spotlight on 2019 Scholarship Winner: Kwamane Liddell, JD, MHA, BSN

The First Ripple: Modest Foundations in Healthcare

While working as a janitor at Loyola Hospital, I wanted to be part of the work of nurses, pharmacists, and doctors. My supervisor took me under his wing to explain more about the healthcare industry.

While I started my career path as a nurse, I decided to pursue a master's degree in healthcare administration because I wanted to become a leader in healthcare. I saw that a part of the degree, the administrative fellowship, could put me on the fast-track to become a leader in healthcare. Almost all of the desired fellowship programs sought students from CAHME-accredited schools. Therefore, I only considered CAHME-accredited programs; and the

St. Louis University MHA program was a perfect fit. I was able to secure an administrative fellowship at Dignity Health in San Francisco.

Tracing the Ripples of Nutritional Health: Connecting and Filling the Gaps

Incorporating public service and volunteerism throughout my healthcare career is important to me. I realized I could order a helicopter for my patients, but I couldn't get them an apple. During my time as a nurse and treating the same conditions for the same demographic of black men, I felt as if I were putting a band-aid on the problems without doing anything beneficial.

There was a food bank three blocks away that couldn't connect to sick people. I saw an opportunity to help. Nutrible started as an Excel sheet connecting the food bank to sick people, and it won the Johnson and Johnson Innovation Award. This allowed us to grow the interface for ease of use and increase reach to now reach patients in four different states.



Propagating Ripples: Carrying Forward Tim Campbell's Legacy

Tim Campbell did amazing work in his career, but he also made a point to create opportunities for others. I would like to do that too. I am passionate about mentoring and helping people achieve their goals, such as through organizations like National Administration of Health Services Executives, a nonprofit organization focusing on ensuring greater participation of minority groups in health administration. I am also active in the alumni of St. Louis University, as I seek to give back to the place that played a significant role in my personal and professional growth. I believe that by helping students grow, find their passions, and identify opportunities, we can positively impact society. Overall, I am committed to using my skills and experiences to create opportunities for others and make a difference in the world.

“In healthcare, a servant leader’s essence hums with the harmony of gentle hands and an empathetic heart. Beyond the visible wounds they bear, to those who vulnerably suffer silent battles through the prayers and whispered fears of a broken spirit; the caregiver appears—steadfast and eager to immerse themselves in the ebb and flow of the human experience. With each interaction, the servant leader thinks not about the toll on his/her own constitution, but rather the privilege of transforming a life beyond their own. This delicate nurturing and unwavering resilience appears to the fragile soul as a warm smile, attentive listening, a tender touch or word—an extra moment when there’s no actual time to spare. A servant leader is born wearing a cloak of humility; quietly adorned with reverence and compassion. They know that the truest victory happens 100 times a day in the tiniest and tenderest of moments. Their reward comes not in overt gratitude and accolades; but from a light inside them and from the palpable, yet often unspoken understanding that miracles happen through each act of true kindness given freely.”

Bart Kaericher
President and CEO
Aramark Healthcare +

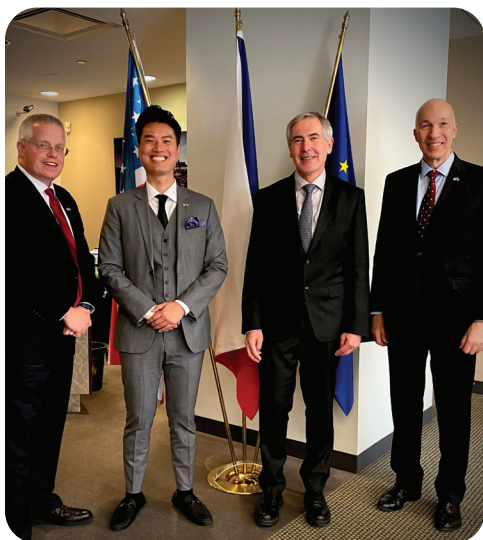


CAHME and the Judy Baar Topinka Foundation: Ripples To Social Determinants of Health and Public Policy

Judy Baar Topinka earned a B.S. degree in 1966 from Northwestern University's prestigious Medill School of Journalism. She was the first in her family to ever graduate from college to become a professional journalist and one of the first woman in Illinois to work in a predominantly male dominated business. Entering politics to serve, she rose through the ranks of two-term State Representative, 10-year State Senator, and the first female State Treasurer in Illinois for three terms. After an unsuccessful run as Governor, Judy was elected Comptroller. While we may not always win, Judy's life demonstrated that we should never give up.

In honor of her perseverance and commitment to good politics, the Judy Baar Topinka Foundation funded a scholarship for a student in a CAHME accredited healthcare management program with a commitment to public policy. As Judy Baar Topinka's greatest honor was being a public servant, this scholarship will help students who seek to make a difference and improve their community. Students should demonstrate tireless advocacy of those in need, passion, ethical leadership, and persistence.

Since 2019, the scholarship has awarded 6 scholarship winners, included among them are the following:



Joseph Topinka pictured with the 2023 winner **Thomas Levu** from Georgetown University, Consul General Kanturek of the Czech Republic, and CAHME CEO Anthony Stanowski. Thomas uses his MHSA and JD to work for social justice in ensuring access to healthcare for the underserved community.



2022 winner Yazmyne Melgoza is a Process Senior Excellence Specialist at Torrance Memorial Medical Center. During COVID-19, she led a team to create processes to provide PPE to staff to ensure their safety during the treatment of COVID-19 to serve the community. Yazmyne received her Master of Science in Healthcare Administration from California State University Long Beach.

2021 winner Meaghan Hart, Johns Hopkins University, MHA, is now a Senior Consultant at Booz Allen Hamilton after serving more than two years as a Legislative Aide in the US House of Representatives.



The Ripples Expand: More Join In To Make A Difference

As we welcome new sponsors and introduce exciting new scholarships, awards, and fellowships, we anticipate the positive impact these awards will have on the next generation of healthcare professionals. These emerging collaborations hold the promise of empowering students and scholars to reach even greater heights in healthcare.

Modern Healthcare

CAHME/Fawn Lopez Communication for Health Impact Scholarship. Founded in 2023, in honor of the Publisher Emeritus of *Modern Healthcare*, is awarded to students who have demonstrated exceptional communication skills in promoting and advocating for critical health issues, recognizing those who employ effective communication strategies and impactful health advocacy efforts that inspire tangible advancements and inspire others.



CAHME/Sachs Family Foundation Scholarship in Honor of Michael A Sachs for Entrepreneurs in Healthcare Management. Founded in 2023, recognizes students who demonstrate the potential to innovate in healthcare and exemplify values of Michael Sachs, who throughout his career started and grew several companies. In the process, he created thousands of jobs, launched numerous successful careers, and improved healthcare.



CAHME/The Joint Commission Fellowship Award for Advancing Sustainable Health Care. To be first awarded in 2024, this fellowship recognizes a student with a passion for sustainability, quality and safety, and process improvement. The awarded student will serve for one-year as a full-time fellow at The Joint Commission. CAHME and The Joint Commission recognize that sustainability, a well-educated workforce, and healthcare quality & safety have a broad and all-encompassing impact on the health of the community.



CAHME/Quint Studer Excellence in Healthcare Mentorship Scholarship. To be first awarded in 2024, this scholarship recognizes students who exemplify Quint Studer's values by demonstrating exceptional skills in educating, mentoring, and tutoring others in the healthcare field. The scholarship seeks to emphasize the transformative impact of effective education and mentorship on shaping the future of healthcare leadership.



CAHME/Dolores Clement Fellow of the Year Award. To be first awarded in 2024, this award will be given in recognition of the long-time service to CAHME and healthcare management education of Virginia Commonwealth University Sentara Professor Emerita Dr. Dolores Clement, DrPh. The award will recognize a CAHME site visitor that exemplifies CAHME's mission of advancing the quality of healthcare management education. Awardees are chosen based on nominations from site visit teams and from programs that had a site visit in the past year. The selection is made by CAHME's Master Fellows.



CAHME/Robert S Bonney Scholarship for Veterans of the US Armed Services. To be first awarded in 2024, this scholarship will be awarded to an honorably discharged veteran of the US Armed Services who exemplified in their military career leadership, dedication, and service. Candidates will demonstrate a commitment to healthcare leadership.

We look forward to witnessing the transformative effects of these new initiatives and the exceptional journeys they will inspire.

CONCLUSION



The CAHME ripple effect runs deeper than visible and wider than expected...from innovation to sustainability initiatives to quality measures or improving nutritional options in underserved neighborhoods. It is holistic and multifaceted. By continuing to address essential topics necessary for the health of the community around the globe—such as population health management and quality and safety—these further efforts expand the generational impact CAHME accreditation has on the profession.

It is clear that it comes down to the two requisite elements of change: desire and momentum.

Desire: Inspired views of what is possible must lead to fervent curiosity, inimitable design, and steadfast execution to secure a successful, sustainable outcome. Our future must embrace and nurture the sanctity of the environment, the community, and the individual.

Momentum: Disruption of a status quo ill-suited to support or inspire innovation requires the collective energy of all interested stakeholders—those with the acumen and means to forge the path ahead, as well as those poised to reap the benefits.



Peter Kowalczyk
President,
Canon Solutions America, Inc.
and Chairman/CEO,
Canon Business Process
Services, Inc.

“The undercurrent and multiplicity of these compounding waves are accelerated by CAHME’s teaming with Canon Solutions America and all sponsors of the CAHME Awards. We believe that we can impact our future healthcare leaders. This is why CAHME is so important to the healthcare ecosystem, and why we are a proud partner. The CAHME Awards exemplify the collective value of all of us who choose to “throw the stones” as we ignite the momentum necessary to command change to make healthcare and our communities receive improved outcomes.”

Those Who Throw Stones: The Ripple Makers!

Contributors

CAHME expresses our appreciation to our award and scholarship recipients for sharing how the CAHME Awards played a part in their own “ripples” in healthcare management education.



Sue Boren, PhD, MHA, FACMI, FAMIA
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Professor and MHA Program Director



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Texas Children's Hospital
Administrative Fellow
University of North Florida, 2021



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Eight Years of Ripples: The Wave Begins

CAHME recognizes the generous sponsors of the CAHME Awards, past and present. Since its establishment in 2016, CAHME Award sponsors have contributed over \$1.4 million toward healthcare students, faculty, and programs.

The CAHME Awards create far-reaching opportunities for advancement in healthcare management education. We deeply appreciate the generosity of our sponsors and honor their commitment to making positive impacts that lead to long term improvement in healthcare for future generations.

Award	2023	2022	2021	2020	2019	2018	2017	2016
CAHME/Canon Solutions America Award for Sustainability in Healthcare Management Education	George Mason University	University of Minnesota	University of Washington	University of North Carolina at Chapel Hill University of Missouri	Rush University	University of Scranton	Xavier University	
CAHME/George and Regi Herzlinger Innovation Education Award	Boise State University	Trinity University Thomas Jefferson University Florida International University						
CAHME/Aramark Innovation Award					University of Missouri Medical University of South Carolina Baylor University University of Kentucky	George Washington University Widener University Medical University of South Carolina	University of North Carolina, Chapel Hill University of Iowa University of Memphis George Washington University University of Arkansas for Medical Sciences St Louis University University of Scranton Virginia Commonwealth University Widener University	
CAHME/Cerner Award for Excellence in Healthcare Management Systems Education						University of Missouri University of Alabama at Birmingham	Georgia State University	University of North Carolina at Chapel Hill
CAHME/Baylor Scott & White Health Award for Excellence in Quality Improvement Education					University of Alabama at Birmingham	Rush University	George Washington University	
CAHME/Ascension Award for Excellence in Healthcare Leadership					University of Michigan	University of Memphis	Rush University	Xavier University

Award	2023	2022	2021	2020	2019	2018	2017	2016
CAHME/Dawn Gideon Foundation Scholarship for Women Supporting Communities in Need	Adriana Kotchkoski University of Iowa	Melissa DePaola Stony Brook University	Priyanka Stanthapuram Johns Hopkins University	Monkia Avila University of Texas Health Science Center at Houston	Kaitlyn Chana University of North Florida	Callie Parks University of Arkansas for Medical Sciences	Samantha Clark University of Washington	
CAHME/Tim Campbell Scholarship for Selfless Service to Others and the Community	Stephen Mosher Virginia Commonwealth University	Jarrell Mahusay University of North Florida	Haley Kirby University of South Carolina Jennifer Raichle Suffolk University	Rodricka Brice-Curry Des Moines University	Kwamane Liddell Saint Louis University	Jay McCutcheon University of Memphis		
CAHME/Judy Baar Topinka Foundation Scholarship for Health Policy	Thomas Levu Georgetown University	Brittany Morrison Johns Hopkins University Yazmyne Melgoza California State University	Meaghan Hart Johns Hopkins University	Kashay Webb Johns Hopkins University	Kelly Page University of North Carolina Chapel Hill			
CAHME/Fawn Lopez Health Advocacy Communication Excellence Award	Lilian Abbo University of Miami							
CAHME/Sachs Family Foundation Scholarship in Honor of Michael A Sachs for Entrepreneurs in Healthcare Management	Michael Allgood University of Louisville							
CAHME/Pristine Home Care Essay Contest			Okunsogie Jessica Osaze University of Missouri Mohammed Alzeen University of the Incarnate Word					
CAHME/Wharton Research Data Services (WRDS) Best Paper for Empirical Research Award				Joshua R Vest, Paul K Halverson, Nir Menachemi Indiana University Richard M Fairbanks School of Public Health with Lise E Harris, and Dawn P Haut of Eskenazi Health	Edmond Hooker, Peter Mallow, Michelle Oglesby Xavier University Department of Health Services Administration			
CAHME/Quint Studer Excellence in Healthcare Mentorship Scholarship Award	(Begins 2024)							
CAHME/The Joint Commission Fellowship for Advancing Sustainable Health Care	(Begins 2024)							
CAHME/Dolores Clement Fellow of the Year Award	(Begins 2024)							
CAHME/Robert S Bonney Scholarship for Veterans of the US Armed Services	(Begins 2024)							

Catalysts Expanding the Ripples of Excellence

CAHME thanks the George Washington University MHA program, specifically the 2023 HSML 6218 Capstone class, for their invaluable contributions to this white paper.

CAHME hopes this paper inspires you to make ripples in healthcare.

Keep up the good work – the future is in your hands.



Kaitlyn Apodaca

MHA Candidate at
George Washington University
Graduated Spring 2023

Kaitlyn Apodaca, an MHA Candidate at George Washington University, graduating in Spring 2023. Passionate about hospital operations and enhancing patient experience, Kaitlyn is completing an administrative fellow with Cleveland Clinic. With a strong desire to cultivate her leadership skills, Kaitlyn is poised to become a powerful force in the world of healthcare.



Macy Gimbel

MHA Candidate at
George Washington University
Graduating Spring 2024

Macy Gimbel, an aspiring healthcare leader with a BS in Public Health from George Washington University, is an MHA candidate at GWU. Macy will start her administrative fellowship at Columbia University Vagelos College of Physicians and Surgeons shortly. Her ultimate goal is to tackle health inequities by enhancing her experience in hospital operations. Join us in wishing her good luck in this exciting new chapter of her career.



Hope Hatfield

MHA Candidate at
George Washington University
Graduating Spring 2024

Hope Hatfield, an MHA candidate set to graduate from George Washington University in the Spring of 2024. Hope holds a BS in Public Health and Health Science from the University of Alabama, class of 2021. Hope landed an administrative fellowship with Bon Secours Mercy Health for the upcoming year, an opportunity that has her eagerly looking forward to launching her career in hospital operations. Her passion for public health drives her commitment to mitigating health disparities in her community.



Sarah Rappazzo

MHA Candidate at
George Washington University
Graduating Spring 2024

Sarah Rappazzo, a driven MHA Candidate at George Washington University, is set to graduate in Spring 2024. She holds a BS in Biology and Society from Cornell University, Class of 2021.

Sarah is enthusiastic about embarking on an administrative fellowship with ChristianaCare. Her interests in hospital operations and healthcare finance are poised to impact the ever-evolving landscape of patient-centered healthcare experience positively. Join us in celebrating Sarah's future endeavors to advance the field of healthcare administration.



Megan Rapuano

MHA Candidate at
George Washington University
Graduated Spring 2023

Megan Rapuano is an MHA candidate from George Washington University graduating in Spring 2023. With a bachelor's degree in Industrial and Operations Engineering from the University of Michigan (Class of 2020), Megan has proven her expertise in merging process optimization and quality management. Megan is completing an administrative fellowship with Main Line Health, paving the way to a tenured career in hospital operations management. She aims to smooth out the patient experience by integrating industrial engineering and continuous improvement into healthcare workflows and processes.



Ashley Sekul
MHA Candidate at
George Washington University
Graduating Spring 2024

Ashley Sekul, an accomplished MHA candidate at George Washington University set to graduate in Spring 2024. With a BA in Biochemistry from the University of Mississippi Class of 2020, Ashley is well-equipped to tackle the challenges of healthcare administration.

This upcoming year, she will embark on an administrative fellowship with MD Anderson, where she looks forward to contributing her expertise to hospital operations, strategic projects, and financial planning. Ashley is passionate about ensuring patients receive accurate and adequate financial guidance, to enhance their experience beyond the clinical space. Join us in wishing Ashley all the best in her endeavors.



Rhea Shahani
MHA Candidate at
George Washington University
Graduated Summer 2023

Rhea Shahani, an MHA Candidate from George Washington University, graduating in the Summer of 2023. She holds a BS in Psychology from the University of Georgia, Class of 2021.

Currently, Rhea is honing her healthcare operations and quality management skills at Zane Networks. Her enthusiasm for growth and development pushes her to explore vast opportunities that await her post-graduation. Join us in wishing Rhea all the best in her healthcare administration career.

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California State University, Northridge	University of Arkansas for Medical Sciences
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Georgia Southern University	University of Missouri*
Georgia State University	University of Nevada Las Vegas*
Governors State University	University of New Haven
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Hofstra University	University of North Carolina at Charlotte
Indiana University	University of North Carolina at Wilmington
Johns Hopkins University	University of North Florida
Minnesota State University Moorhead	University of North Texas Health Science Center*
Medical University of South Carolina*	University of Oklahoma
New York University*	University of Phoenix- Arizona
Pennsylvania State University*	University of Pittsburgh
Portland State University	University of Puerto Rico
Robert Morris University	University of Scranton*
Rochester Institute of Technology	University of South Carolina
Rush University*	University of South Florida
Rutgers University	University of Southern California*
Saint Joseph's College (ME)	University of Texas-Arlington
Saint Louis University*	University of Texas at Dallas
Seton Hall University*	University of Texas Health Science Center at Houston
Stony Brook University*	University of the Incarnate Word*
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Texas A&M University*	University of Washington-Seattle*
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The George Washington University*	Weber State University*
The Ohio State University	Xavier University*
The University of Iowa*	

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The George Washington University	University of Alabama at Birmingham

CAHME Certified Programs in Healthcare Quality and Safety

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University of Illinois at Chicago	

CAHME Certified Programs in Population Health Management

Boise State University	Thomas Jefferson University
Lehigh University	West Virginia University
Johns Hopkins University	

* Universities offering multiple CAHME accredited programs.
List represents status as of 10/11/2023

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